Nepalese Mountain Rescue Development Project

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IKAR/CISA congress
Are, Sweden 2011
Background (I)
Background (II)
Aim of the project

The aim of this long-term project is a stepwise establishment of a core team of technically and medically trained mountain rescuers and physicians in Nepal between 2012 and 2017.
Who is involved?

A joint project between
Isolated?

Activities will be coordinated with concurrent activities of the Medical Commission of the International Mountaineering and Climbing Federation (UIAA Medcom) and the International Society of Mountain Medicine (ISMM)
# Education and Training Programme

The Programme will follow four steps:

<table>
<thead>
<tr>
<th>Years</th>
<th>Location</th>
<th>Duration</th>
<th>Participants</th>
<th>Instructors</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>South Tyrol</td>
<td>2 weeks</td>
<td>10 Nepalese MR members 10 Nepalese MR doctors</td>
<td>EURAC, EMS, MRS</td>
</tr>
<tr>
<td>2013</td>
<td>Nepal</td>
<td>2 Weeks</td>
<td>Nepalese MR Team</td>
<td>HRA, EURAC, EMS, MRS, ICAR MEDCOM</td>
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<tr>
<td>2014</td>
<td>South Tyrol</td>
<td>1 Week</td>
<td>10 Nepalese MR doctors</td>
<td>World Congress</td>
</tr>
<tr>
<td>2015-2017</td>
<td>Follow up evaluation</td>
<td></td>
<td></td>
<td>HRA, EURAC, ICAR MEDCOM</td>
</tr>
</tbody>
</table>
To whom is it addressed?

CORE TEAM
10 Nepalese Mountain Rescue members
10 Mountain Rescue physicians

Nepalese first responders
In 2012, 10 Nepalese MR members and 10 MR physicians from different Nepalese mountain areas will be invited to attend two complete 2-week courses in technical and medical MR given by the EMS and MRS of South Tyrol.

They will be provided with personal rescue equipment for the full length of the programme 2012-2017.
In 2013, 5 technical and 5 medical instructors from Europe, will travel to Nepal to give a comprehensive 2-week course in MR techniques and medical treatment to local first responders in a Nepalese environment, with the support of the graduates of the MEM course 2012.
Education and Training Programme
STEP 3

In 2014, 10 Nepalese MR doctors will be invited to attend the XIV World Congress in Mountain Medicine in Bozen/Bolzano where they will obtain additional training and the final certificates for the technical courses and the International Diploma of Mountain Emergency Medicine, issued by the Congress organisers EURAC, and the ISMM, ICAR and UIAA medical commissions.
Education and Training Programme
STEP 4

From 2015 to 2017, a team of HRA, EURAC, and ICAR medical commission will help to establish MR stations in representative mountain areas of Nepal and will follow the development of respective MR teams.
Institute of
Mountain Emergency Medicine