AVALANCHE VICTIM RESUSCITATION CHECKLIST
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Time of avalanche: ____ : ____
Face exposure: ____ : ____

Burial Time:
- ≤60 min (≥30°C) if unknown: Use core temp 
- >60 min (<30°C) min

Vital Signs:
- YES
- NO

Airway Patent:
- YES
- NO

Core Temperature at extrication: _____ °C

ECG:
- Asystole
- NO or unknown

Follow standard ALS guidelines or go to appropriate medical facility

ALS Provider Name:

ECLS FACILITY
Air Pocket
☐ Yes, ___ x ___ x ___ (cm)
☐ No
☐ Unknown

The Checklist is to remain with the patient throughout his/her pre-hospital and in-hospital course until final destination.

Rescue Service:
Base:
Phone:

Rescue Service
At Medical Facility delivery, make a copy, a scan or a digital photograph of this checklist and keep it with the copy of your rescue mission protocol.

Abbreviations:
Patient ID = Patient Identity
CPR = Cardiopulmonary Resuscitation
ALS = Advanced Life Support
ECLS = Extra Corporeal Life Support (CardioPulmonary Bypass / Extra Corporeal Membrane Oxygenation)

a) Time between burial and uncovering the face.
b) If duration of burial is unknown, core temperature using an oesophageal probe may substitute in patients in cardiac arrest.
c) CPR can be withheld if unacceptable level of risk for the rescuer, total body frozen or obvious lethal trauma (decapitation, truncal transection).
d) If K⁺ at hospital admission exceeds 8 mmolL⁻¹ consider terminating resuscitation (after excluding crush injuries and consideration of the use of depolarizing paralytics).

Patients who present with cardiac instability (ventricular arrhythmias, systolic blood pressure <90mmHg) or core temperature <30°C should be transported towards hospital with ECLS rewarming possibility.