BASIC TRAINING AND NUTRITION

WORKING DOGS
BASIC FYSICAL TRAINING

WHEN TO START WITH THE PUPPY?

• 7 TO 8 MONTHS
• LOT OF LOOSE TRAINING
• LEARN THEM TO PULL IN HARNESS
HOW OFTEN?

• FROM 7-8 MONTH  2-3 TIMES A WEEK
• AFTER 15 MONTH  3-4 TIMES A WEEK
• AFTER 24 MONTH  5-6 TIMES A WEEK
WITCH KIND OF TRAINING?

- BREAK THEM IN WITH SPEED AND JOY
- WHEN THEY UNDERSTAND HOW TO WORK IN HARNESS GIVE THEM MUSCLES AND GOOD FEET
- AFTER 15 MONTH OF AGE YOU CAN TRAIN STAMINA
WHAT METHODS DO YOU USE?

• MOUNTAINBIKE
• KICKBIKE
• SKIS (OF COURSE)
• ATV OR SNOWMOBILE
WHAT DIFFERENCES DOES IT MAKE?

• FULLY TRAINED DOG CAN WORK FOR 16 HOURS A DAY
• UNTRAINED DOG 1-2 HOURS
• LESS INJURYS
• FAST RECOVERY
HOW TO FEED A WORKING DOG.
WHAT DO THEY NEED?

- PROTEIN AND FAT
- MINERALS
- CARBOHYDRATES (SMALL AMOUNT)
- WATER
WHAT KIND OF FOOD

- HIGH PERFORMANCE DRY FOOD
- HIGH PERFORMANCE RAW FOOD
- ANIMAL FAT & PROTEIN
HOW TO FEED

• DEPENDING ON PERFORMANCE
• AT LEAST TWICE A DAY
• HARD WORKING; EVERY OTHER HOUR
ABOUT WATER

• VERY IMPORTANT TO KEEP THEM HYDRATED
• BEFORE WORK; MEATSOUP
• WHEN THEY WORK; WATER AFTER MEAL
• AFTER WORK; MUCH WATER IN THE FOOD
SNACKS

- KEEP UP THE BLOODSUGAR LEVEL
- FAST ENERGY
- KEEP STAMINA
AFTER WORK

- RECOVERY NEEDS ENERGY!
- GLUKOS
- WATER
- ANTIOXIDANTER (E – VITAMIN )
Thank you for listening!

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