

# Alpine Trauma Registry

Giacomo Strapazzon MD PhD

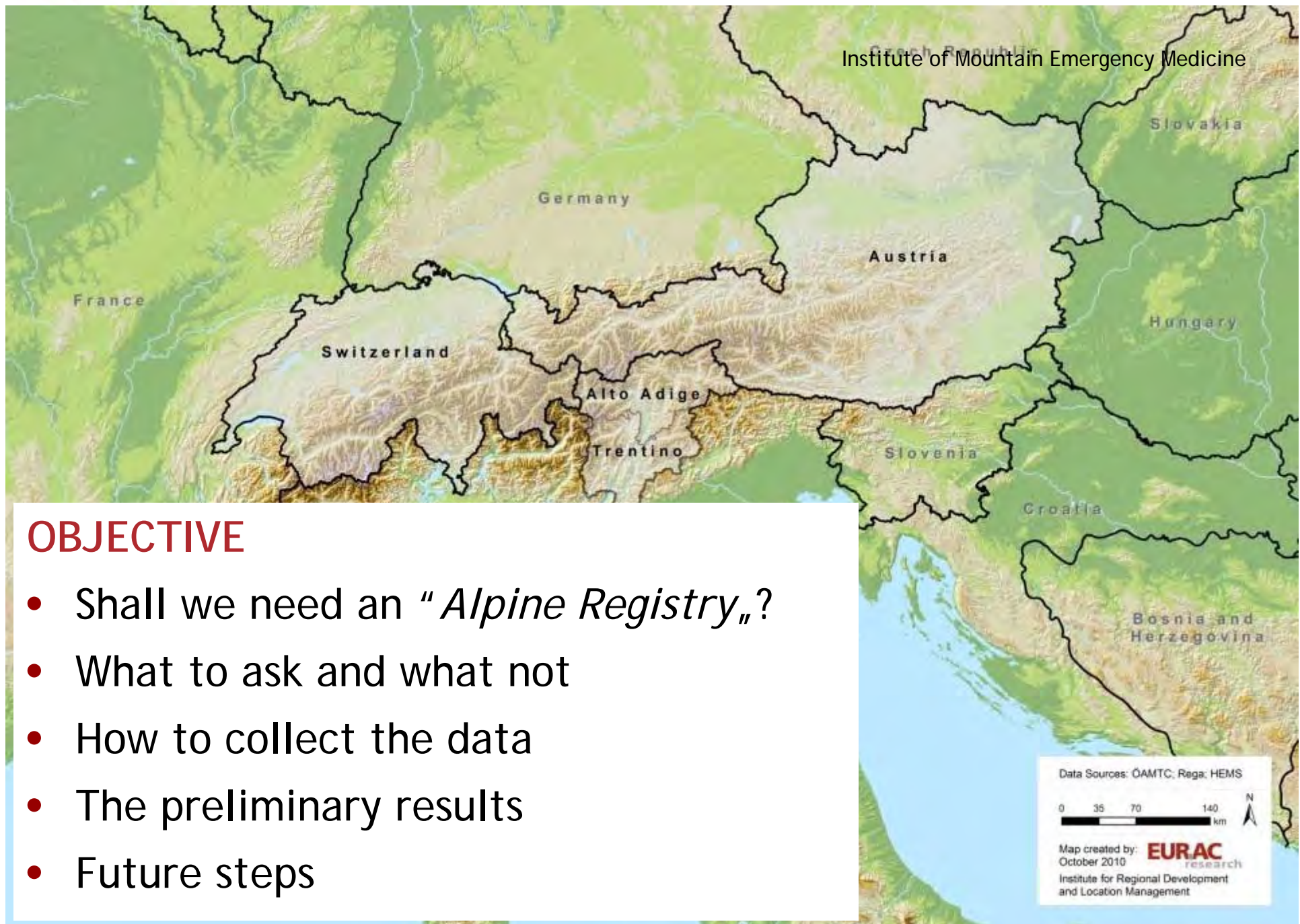
EURAC Institute of Mountain Emergency Medicine, Italy  
CNSAS Italian Alpine and Cave Rescue Team, Italy

**ICAR-CISA General Assembly  
Bol, Croatia 2013**

Institute of Mountain Emergency Medicine







## OBJECTIVE

- Shall we need an "*Alpine Registry*„?
- What to ask and what not
- How to collect the data
- The preliminary results
- Future steps

## HEMS service in a mountain region





# HEMS service in a mountain region

Category	1998–2000 (n = 787)		2001–2003 (n = 1230)		P value
	n	%	n	%	
NACA 0–1	29	3.7	39	3.2	.568
2–3	556	70.6	956	77.7	.012*
4–5	178	22.6	205	16.7	.450
6–7	24	3.1	30	2.4	.824
GCS 15–13	687	87.3	1133	92.1	.006*
12–9	15	1.9	21	1.7	.866
8–3	45	5.7	54	4.4	.597
Not specified	40	5.1	22	1.8	.229

\*Statistically different value.



# International Alpine Trauma Registry

a prospective observational multicentre study

0 35 70 140 km

Map created by: **EURAC** research  
Institute for Regional Development  
and Location Management

# Inclusion/Exclusion Criteria

## Inclusion criteria

- Pre-hospital NACA score  $\geq$  IV
- Injury Severity Score (ISS)  $>15$
- Accident occurred in extra-urban, mountainous or remote areas not readily accessible by regular Emergency Medical Services

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## Exclusion criteria

- Patients already in cardiac arrest upon arrival of rescue team at the scene
- Victims of drowning
- Burn patients (burn is the predominant injury or patients is treated in a specialized burn unit)





Resuscitation 42 (1999) 81–100



## Recommendations for uniform reporting of data following major trauma — the Utstein style

A report of a Working Party of the International Trauma Anaesthesia and Critical Care Society (ITACCS)

W.F. Dick <sup>a,\*</sup>, P.J.F. Baskett <sup>b,1</sup>

<sup>a</sup> *Klinik für Anaesthesiologie, Johannes Gutenberg Universität, Langenbeckstrasse 1, D-6500 Mainz, Germany*

<sup>b</sup> *Department of Anaesthesia, Frenchay Hospital, Bristol, UK*

Accepted 21 July 1999

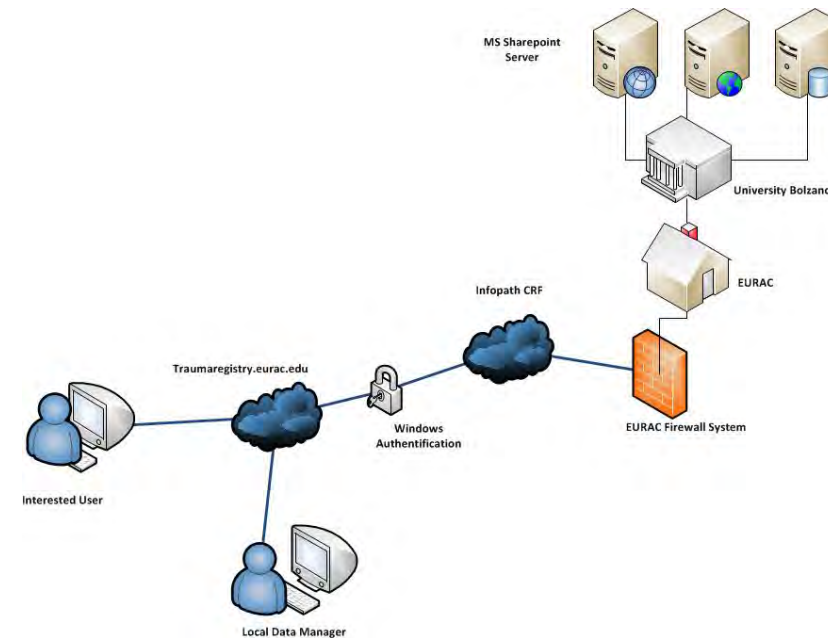


# International Alpine Trauma Registry

## Case report form

1. Patient record & case history
2. Prehospital medical data
3. In-hospital medical data
4. Outcome & survival status

# General system information





# International Alpine Trauma Registry

## Filter criteria in Bolzano dispatch center

The following parameters MUST be met in the rescue operation:

NACA  $\geq 4$   
terrain accessibility  $\geq 3$   
suspected pathology on site (TRAUMA or HYPOTHERMIA)  
type of rescue operation

+

If the above parameters are met, Local Data Managers will be alerted if one or more of the following additional items are met:

time between alarm and hospital admission  $> 60$  min  
OR  
evacuation involved winch, fixed rope or hoovering  
OR  
mountain rescue service involved in rescue operation

# General system information

User Name:

Password:

**Log In**

## INTERNATIONAL ALPINE TRAUMA REGISTRY

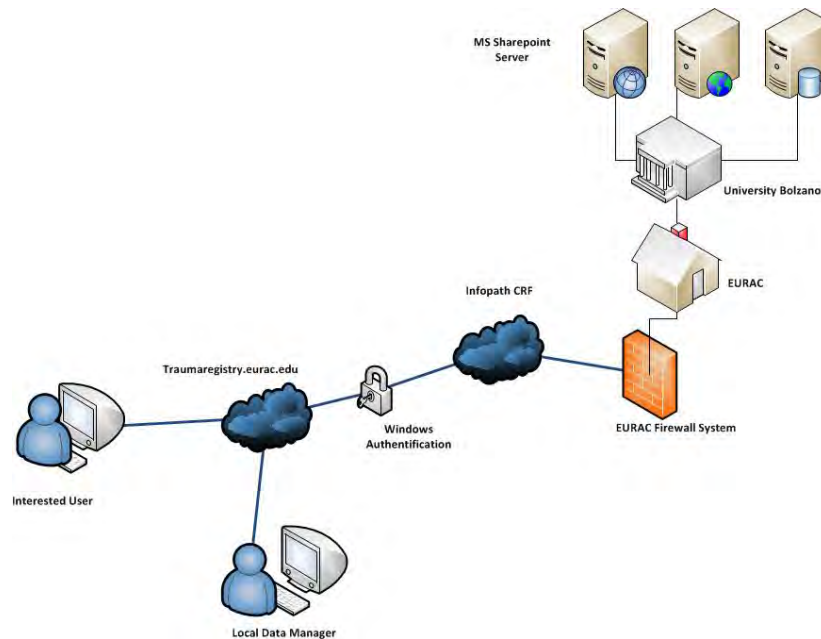


### Introduction to the "International Alpine Trauma Registry"

The International Alpine Trauma Registry is the very first database on trauma management of victims rescued from difficult terrain not accessible by motor vehicles. This internet based registry was created in the trauma working group of the International Commission of Mountain Emergency Medicine ICAR MEDCOM with the EURAC Institute of Mountain Emergency Medicine, Italy which hosts the data on its secure server. The optimal care of critically injured trauma victims in a prehospital setting is highly controversial because robust scientific evidence is almost completely missing. This is particularly true for mountain rescue operation, characterised by a rough and hostile environment with often prolonged prehospital times. Consequently, a wide variation of treatment strategies is justified, ranging from simple "scoop and run strategies" to strategies of extensive advanced trauma life support at the scene until stabilisation of the patient. The objective is to observe prognostic factors, pre-hospital treatment and outcome of trauma patients in an alpine setting. In addition, with the data quality of the rescue operations and pre-hospital management can be compared and proposals made for improvement. The study will have a multicentre prospective observational design.

### Attached files

- Inclusion and Exclusion Criteria (DE, [EN](#), IT)
- Study Design ([DE](#), [EN](#), [IT](#))
- Informed Consent ([DE](#), [EN](#), [IT](#))
- CRF form ([EN](#))
- NACA score ([EN](#))
- Injury Severity Score (ISS) ([EN](#))
- Glasgow Coma Scale ([EN](#))
- Collaborating Centers
- F.A.Q. ([DE](#), [EN](#), [IT](#))
- Contact and Help ([DE](#), [EN](#), [IT](#))



## Case Report Form

[http://sptest2.scientificnet.org/Lists/alpine\\_trauma\\_registry\\_CRF1/LDM.aspx](http://sptest2.scientificnet.org/Lists/alpine_trauma_registry_CRF1/LDM.aspx)

## International Alpine Trauma Registry

Progress bar

### Patient's records & case history

Infotext Infotext Infotext Infotext Infotext Infotext Infotext Infotext  
Infotext Infotext Infotext Infotext Info Infotext Infotext Infotext Infotext  
Infotext

### Patient ID:

Hospital:

Logged in as: gstrapazon

Last modified by

Last modification on:

### Patient data

Date of Birth:	<input type="text"/>	Gender:	<input type="checkbox"/> Male <input type="checkbox"/> Female
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ASA classification	<input type="text"/>
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### Accident characteristics

Date / Time of accident	Date: <input type="text"/>	Time: <input type="text"/>
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Date / Time of first emergency call	Date: <input type="text"/>	Time: <input type="text"/>
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Type of activity	<input type="text"/>
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# Preliminary results

South and North Tyrol region  
1<sup>st</sup> January 2011- 30<sup>th</sup> September 2013



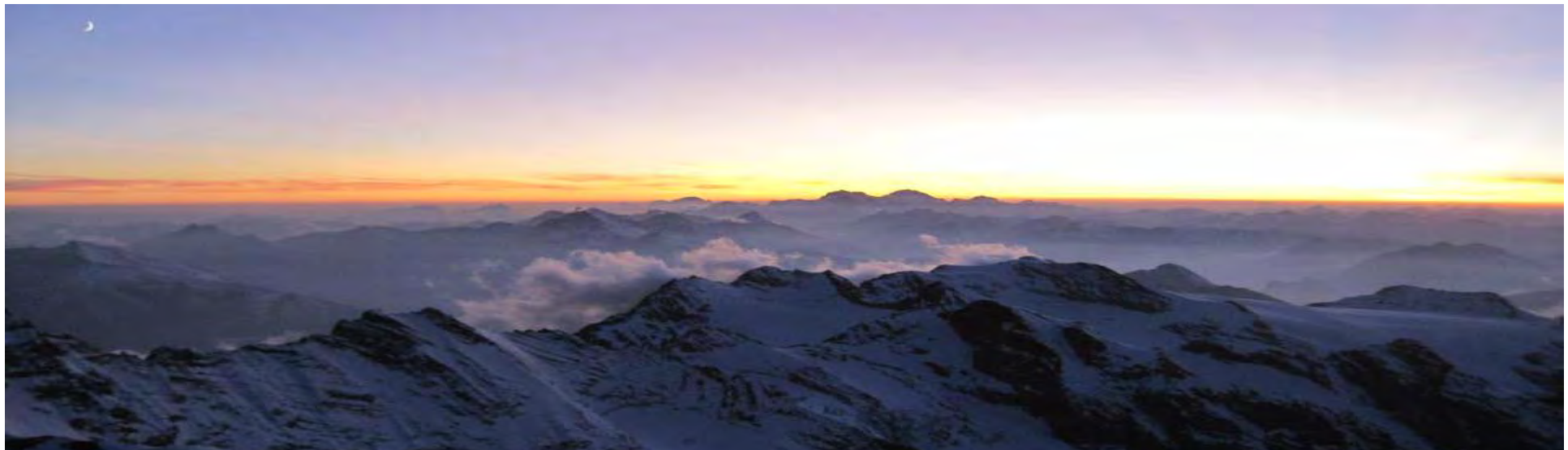
Patient record & case history (I)	
Total no. (N vs. S)	104 (63 vs. 41)
Age (median) [years]	46 (7-86)
Male victims [%]	85%
ISS > 15	100%
RTS (median)	11 (3-12)
Blunt trauma	100%

Type of activity	
Ski/snowboarding	31 [29.8%]
Hiking	21 [20.2%]
Mountaineering	14 [13.5%]
Climbing	9 [8.7%]
Aviation	7 [6.7%]
Other	22 [21.2%]



## Patient record & case history (II)

Prehospital time [min]	80 (47-1047)
Mixed rescue [%]	48%
Easy terrain [%]	21%

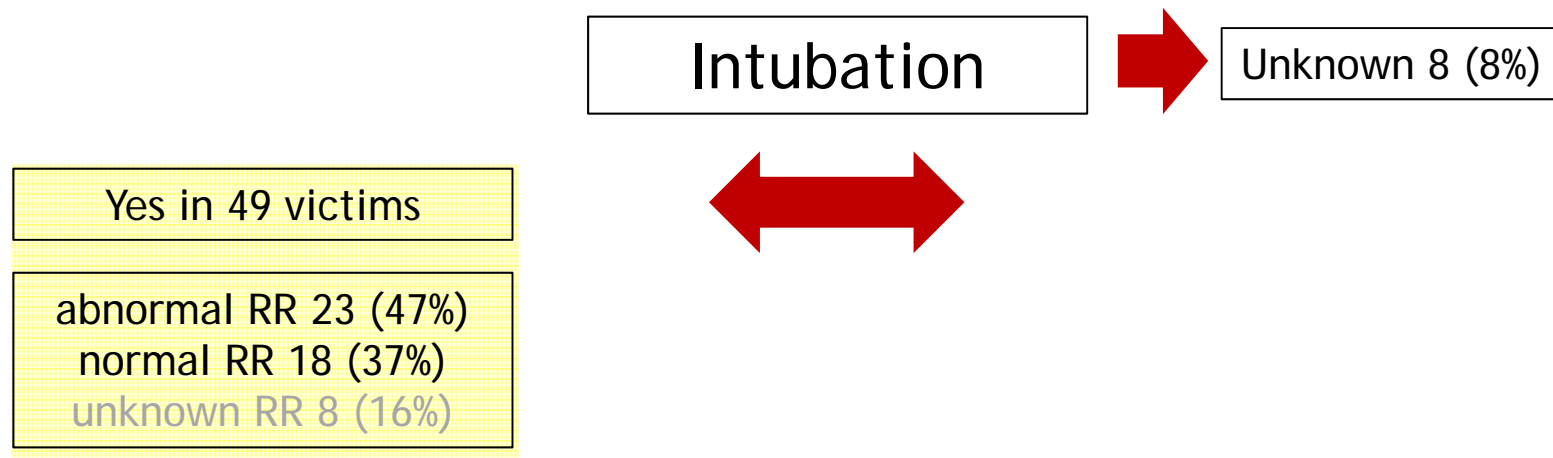


Prehospital medical data	
Intubation	49 (47%)
Unconscious (GCS $\leq$ 8)	38 (37%)
Shock (BP $\leq$ 90 mmHg)	31 (30%)
Analgesia	81 (80%)
Surgical intervention	torachostomy 4 (4%) none 100 (96%)

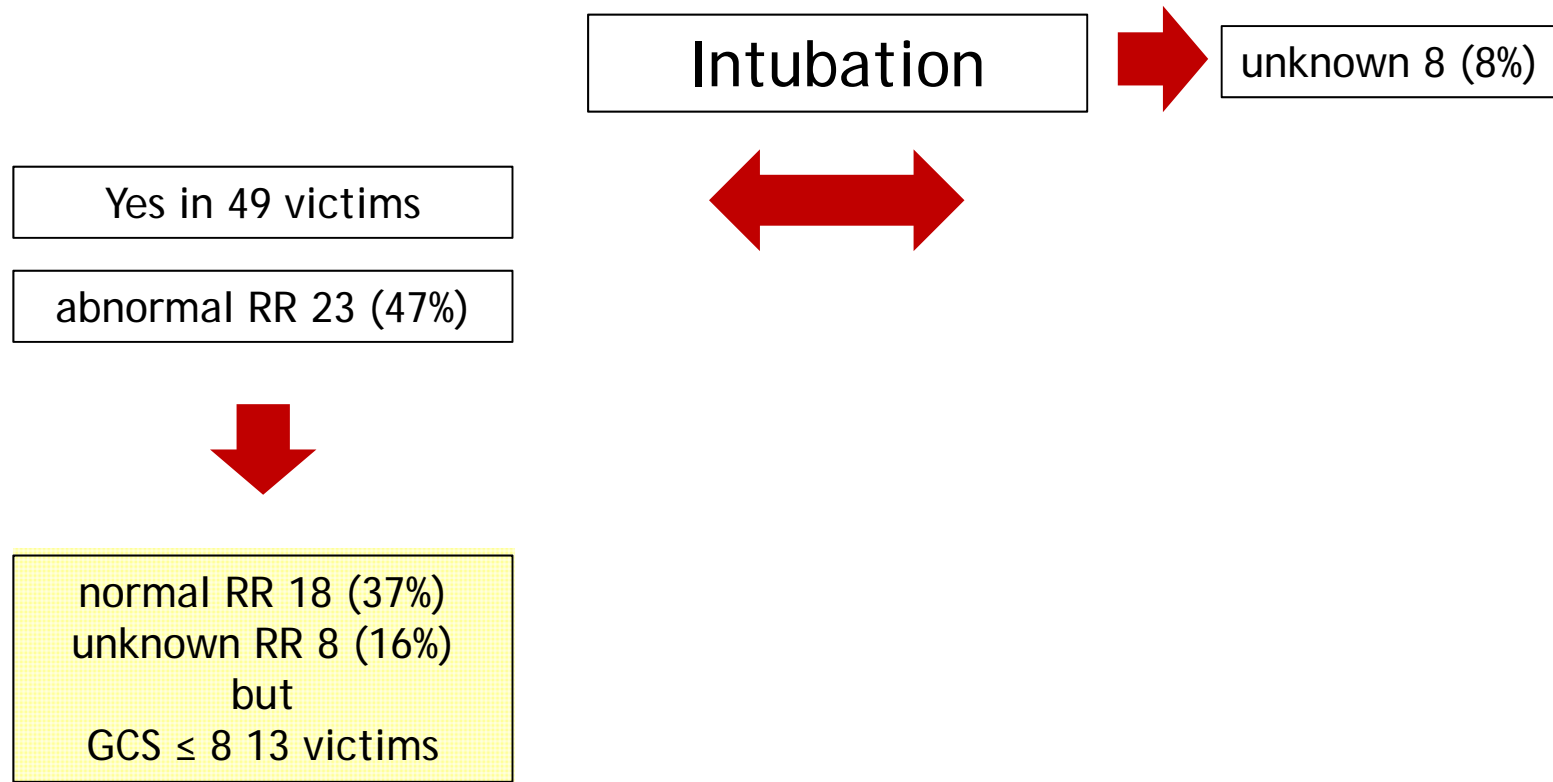
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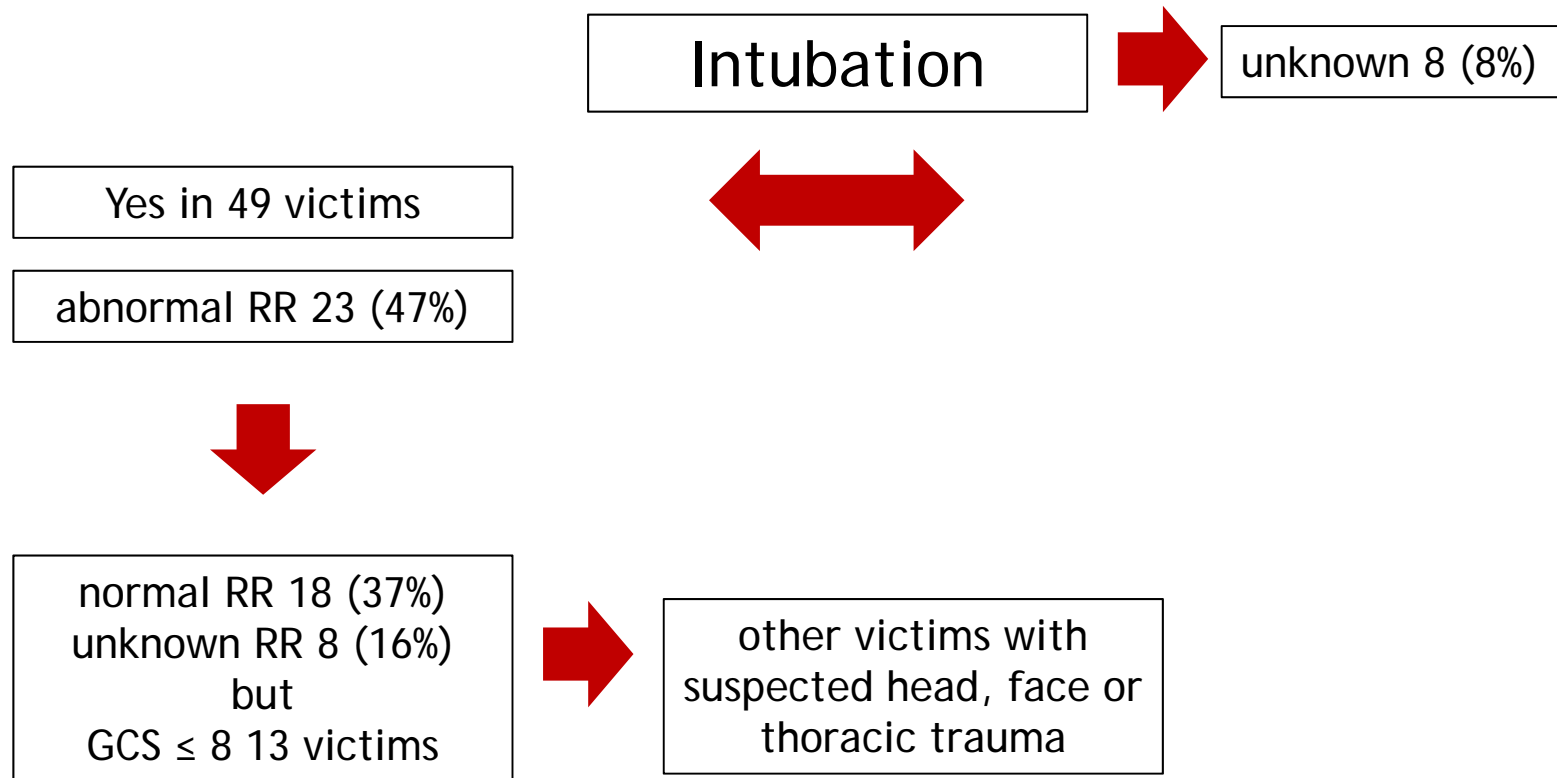
## Trauma care - AB



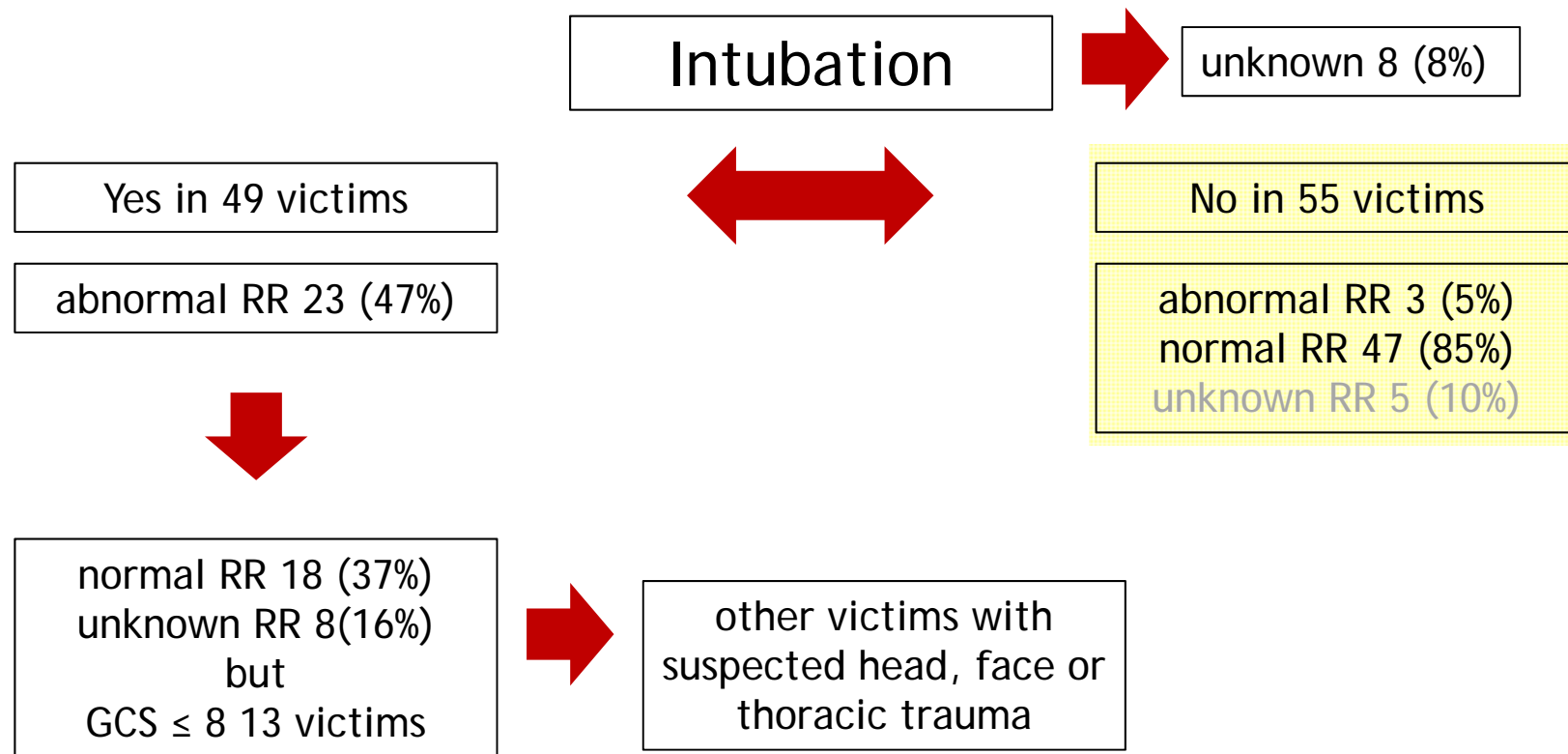
## Trauma care - AB



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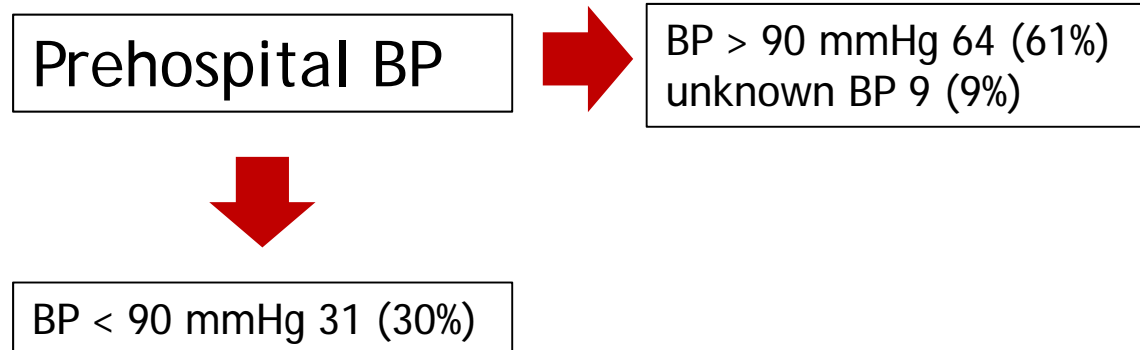
## Trauma care - AB



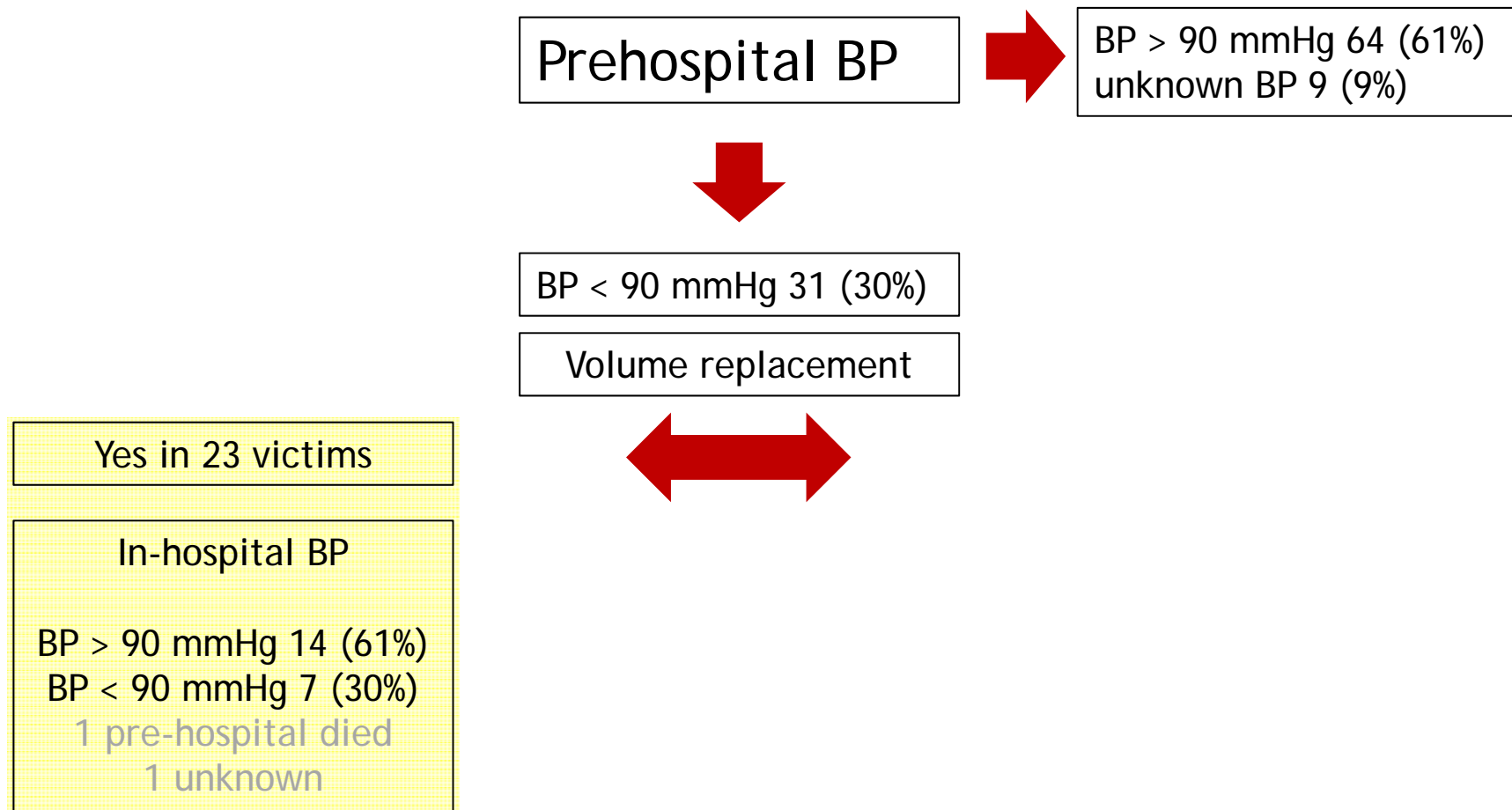


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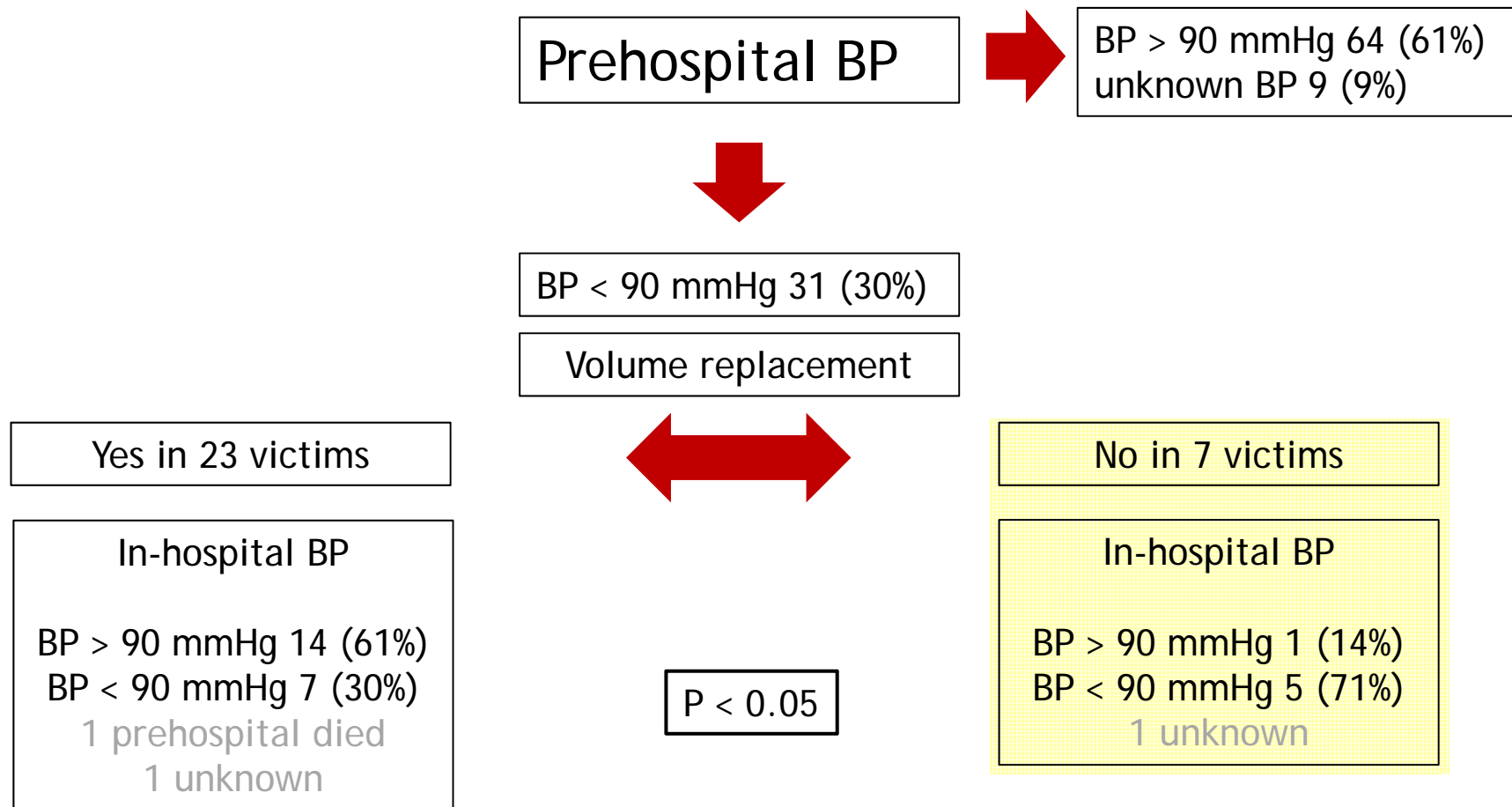
## Trauma care - C



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## Trauma care - C





Prehospital medical data	
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Surgical intervention	torachostomy 4 (4%) none 100 (96%)

### In-hospital medical data

Transfer to a  
higher level hospital  
(in 24 h)

yes 11 (11%)  
no 91 (87%)  
died in prehospital 2 (2%)



# Trauma care - Hypothermia

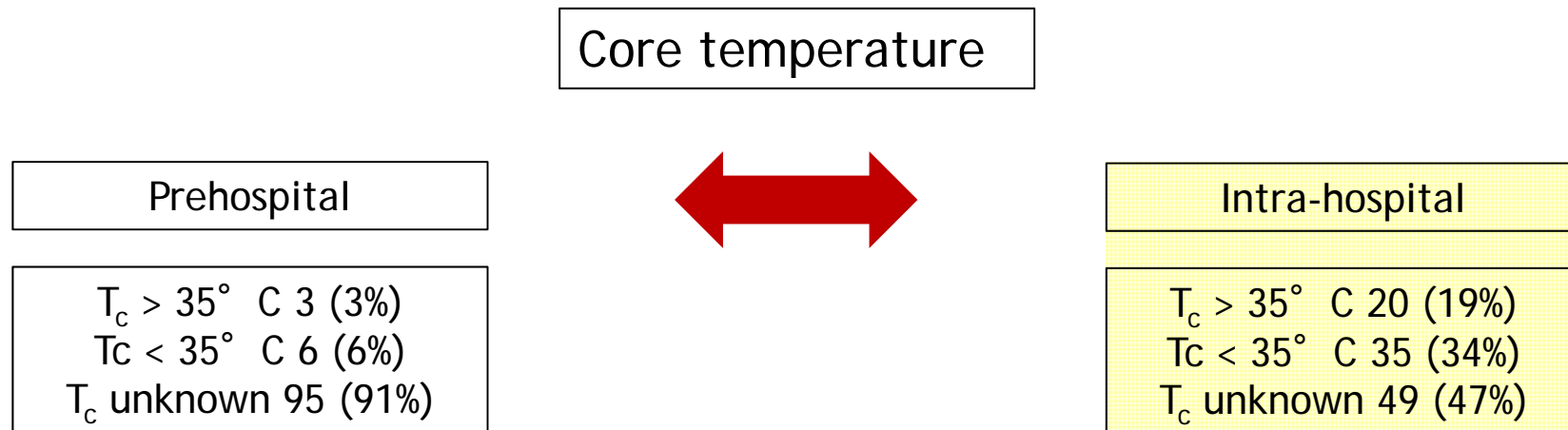
Core temperature

Prehospital

$T_c > 35^\circ \text{ C}$  3 (3%)  
 $T_c < 35^\circ \text{ C}$  6 (6%)  
 $T_c$  unknown 95 (91%)



# Trauma care - Hypothermia





# Trauma care - Hypothermia

Core temperature is undermeasured both at pre- and in-hospital level  
unknown in 97% and 47% of patients, respectively  
despite 3/9 (67%) of prehospital victims and 35/55 (64%) of in-hospital victims  
were hypothermic (core temperature < 35°C)

Hypothermia Swiss Stage I 27 (77%)  
Hypothermia Swiss Stage II 3 (9%)  
Hypothermia Swiss Stage III-IV 5 (14%)

## Trauma care - ISS

ISS 16-24	10 (10%)
ISS 25-49	64 (60%)
ISS 50-75	23 (23%)
ISS unknown	7 (7%)

# In-hospital vs. suspected injury in the field

AIS region	In-hospital diagnosis
Head	68 (65%)
Face	28 (27%)
Neck	3 (3%)
Thorax	72 (69%)
Abdomen	24 (23%)
Spine	38 (36%)
Arms	24 (23%)
Pelvis	21 (20%)
Legs	27 (26%)

# In-hospital vs. suspected injury in the field

AIS region	In-hospital diagnosis	Missed in the field (%)
Head	68 (65%)	15%
Face	28 (27%)	68%
Neck	3 (3%)	100%
Thorax	72 (69%)	40%
Abdomen	24 (23%)	42%
Spine	38 (36%)	55%
Arms	24 (23%)	50%
Pelvis	21 (20%)	52%
Legs	27 (26%)	30%



### Outcome & survival status

Survived (at discharge)

86 (83%)



## RTS and survival in severe alpine trauma

			survived		Total
			no	yes	
rts	<=8	Count	9	14	23
		% within rts	39.1%	60.9%	100.0%
	>8	Count	4	57	61
		% within rts	6.6%	93.4%	100.0%
Total		Count	13	71	84
		% within rts	15.5%	84.5%	100.0%

P < 0.001

## Conclusion (I)

During its two and half year of life,  
the registry showed a good to moderate completeness  
for most of the variables

Important information on the prehospital management are  
being collected in order to evaluate its impact on the  
survival and outcome of the victims

## Conclusion (II)

Application of the AB in alpine trauma care  
seems appropriate

There is a positive impact of volume replacement performed  
during a rescue in an alpine trauma setting on BP

Core temperature measurement, despite the great risk of  
secondary hypothermia, seems to be underevaluated  
both at pre- and intra-hospital level

## Conclusion (III)


The survival rate seems lower compared to trauma registries in other environments

The average injury pattern of patients with a severe alpine trauma is being depicted, but a wider database will be needed to confirm the preliminary results

# Aknowlegments







JOIN US for  
ALPINE TRAUMA REGISTRY  
Autopulse/LUCAS2 in HEMS