Risk a Life to Save a Life?

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IG

Working Group for Avalanche Rescue Norwegian Red Cross SAR

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Risk management in avalanche rescue operations

Risky rescue operations can cost more lives than they save

"The life you save may be your own"

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Risk management in avalanche rescue operations

Checklists available at ICAR website

Beyond the checklist format: •Assess risk •Quantify uncertainties as probabilities •Compare options •Evaluate risk vs gain •Monitor situation and re-evaluate

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US Coast Guard

Beyond the checklist format



Ref.: United States Coast Guard. Operational Risk Management COMDTINST 3500.3



Avalanche incident, First filter

At incident notification:

| Questions? | Including factors | Excluding factors | |
|---------------------------|---|---|--|
| Local weather conditions? | Good weather. Little new snow, no or little wind. | Considerable amount of new snow. Snow drift. | |
| Terrain conitions? | Easy, few avalanche areas, easy and quick access. | Complex, several potential avalanch paths, difficult and long approach | |
| Light and visibility? | Daylight, good visibility | Darkness, low visibilty | |
| Incident type? | Small to moderat size single avalanche. Human release. | Large, or several avalanches, some naturally released. | |
| Action: | GO! Instant call out to accident site. | WAIT! Possibly risky mission. Call out to safe meeting place, but awai risk assessment before entering potentially dangerous terrain. | |



Risk definition (example)

| | Probability/mission | "Acceptance by society" | |
|--------------|--|--|--|
| Very high | >1/1000 death | Unacceptable | |
| High | 1/50000-1000 death | Unacceptable in peace- time | |
| Considerable | 0.1-0.2% non-fatal injury, OR 1/100000-1/50000 death | Risk sport? | |
| Moderate | 0.01-0.1% non-fatal injury, OR 1/200000-1/100000 death | Acceptable in some professions | |
| Low | <0.01% non-fatal injury OR <1/200000 death | Commonly acceptable, public transport systems | |



Risk calculation worksheet

Thorough plan, based on good Plan intelligence? *Terrain, visibility, weather, danger degree?* **Environment** 3 Access, safe havens, familiar terriain? Complexity: non-standard mission and **Mission** need for improvising? Intelligence quality? Terrestrial/Air mission? Response time, means of transport? **Resources** Competence of leadership and crew? Communication systems working throughout the mission? SUM 11 5-8 9-12 13-16 17-20 1-4 **Moderate Considerable** Very high High Low

Risk score

(1-5 low-high)

Risk management worksheet

Plan

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Environment

Mission

Resources

More intelligence, more detailed plan, external help, limit exposure

Alternative access route. Wait for better visibility, weather and snow conditions, limit exposure in time.

Wait for more intelligence. Parallell call out, air transport support)

Alternative resources available? Can communication systems and lighting be established first?

| -2 |
|----|
| -1 |
| -2 |
| 0 |
| |

Reduction

| | | | | Reduction | -5 |
|----|------------|-----------------|----------------------|---------------|--------------------|
| Y | | | | SUM | (11-5) 6 |
| GI | 1-4 Low | 5-8 Moderate | 9-12 Considerable | 13-16 High | 17-20 Very high |



Residual risk

Reduction factor (0-5)

Consequence reduction

Personal protection gear, beacons, ABS a.s.o, rescue personnel ready

SUM Residual risk:



Assesment of the mission:

| 7 | 1-4 | 5-8 | 9-12 | 13-16 | 17-20 |
|---|-----|----------|--------------|-------|-----------|
| i | Low | Moderate | Considerable | High | Very high |



Benefit defintion (example)

| | Victim survival probability | Possible situation |
|--------|--|---|
| High | High probability of survival given a speedy rescue | Buried less than 30-45 minutes, carries ABS and beacon (alt. RECCO). Small avalanche, shallow deposit, even run out. Carries helmet, Avalung,(in the future, vital data indication?) |
| Medium | 20-50% probability of survival | Completely buried more than 45-60 minutes, carries beacon. Potential trauma. Carries helmet. |
| Low | <20% probability of survival | Completely buried more than 60 minutes. Large avalanche. Uneven avalanche path with cliffs, steep sections, rocks and/or trees. Trauma likely. Carries no avalanche protection gear. Thin clothing. |

Risk/benefit matrix (example)

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| Risk \ Benefit | High | Medium | Low |
|----------------|--|---|---|
| Low | Acceptable, common risk reduction measures. Continuously monitoring of risk factors | Acceptable, common risk reduction measures. Continuously monitoring of risk factors | Acceptable, common risk reduction measures. Continuously monitoring of risk factor |
| Moderate | Acceptable, common risk reduction measures. Continuously monitoring of risk factors | Acceptable with all available consequence reduction measures. Continuous monitoring and rescue preparedness. Limit exposure in time | Not acceptable at present. Wait until risk factors change. |
| Considerable | Acceptable with all available consequence reduction measures. Continuous monitoring and rescue preparedness. Limit exposure in time. | Not acceptable at present. Wait until risk factors change. | Not acceptable at present. |
| High | Acceptable only with consensus and all available consequence reduction measures. Continuous monitoring re-evaluation and rescue preparedness. Limit exposure in time and space. | Not acceptable at present. | |
| Very high | Not acceptable at present. | | |







Goal for rescue missions

Risk for rescuers should not markedly exceed other accepted risks in society

Best possible risk/benefit ratio