

# Accident Prevention

## 20151017-AVA-REC0012 Avalanche Rescue Commission Recommendation

To help prevent incidents and accidents in the mountains, it is highly recommended to follow these principles:

- Seek appropriate training
- Use relevant decision-making tools/checklists
- Prior to departure plan alternatives to your main objective
- Constantly re-evaluate conditions and adapt decisions as necessary
- Establish an open communication culture within the group

Whereas these principles are equally valid for organized mountain rescue, refer to all ICAR recommendations for specific topics of mountain rescue.



<b>History of Revisions</b>	
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