

International Commission for Alpine Rescue

Prevention for Individuals and Aircraft Operators

20161031-AIR-REC0001 Air Rescue Commission Recommendation

We recommend that everyone in the outdoors:

- 1. Wear bright colored clothes.
- 2. **Use** the "V" sign in case of distress.
- 3. **Use** the "NO" sign if you need no assistance.
- 4. **Secure** any possible flying objects.
- 5. **Do not move** until ordered by rescuer(s).
- 6. If someone is going for help, stay where you are!
- 7. If you are above a rescue operation, **don't move**! You may dislodge debris!

We further recommend that:

1. All non-participating aircraft must stay away from rescue operation site!





History of Revisions	
issued	1990
revised	2009
revised	2016