

Nepalese Mountain Rescue Development Project

Giacomo Strapazzon MD, Hermann Brugger MD
Institute of Mountain Emergency Medicine, EURAC, Bozen, Italy
ICAR Medcom

**IKAR/CISA congress
Are, Sweden 2011**

Background (I)



Background (II)



Aim of the project

The aim of this long-term project is a stepwise establishment of a core team of technically and medically trained mountain rescuers and physicians in Nepal between 2012 and 2017



Who is involved?

A joint project between

EURAC
research

AUTONOME PROVINZ
BOZEN - SÜDTIROL



PROVINCIA AUTONOMA
DI BOLZANO - ALTO ADIGE





Isolated?

Activities will be coordinated with concurrent activities of the Medical Commission of the International Mountaineering and Climbing Federation (UIAA Medcom) and the International Society of Mountain Medicine (ISMM)



Education and Training Programme

The Programme will follow four steps :

Years	Location	Duration	Participants	Instructors
2012	South Tyrol	2 weeks	10 Nepalese MR members 10 Nepalese MR doctors	EURAC, EMS, MRS
2013	Nepal	2 Weeks	Nepalese MR Team	HRA, EURAC, EMS, MRS, ICAR MEDCOM
2014	South Tyrol	1 Week	10 Nepalese MR doctors	World Congress
2015-2017	Follow up evaluation			HRA, EURAC, ICAR MEDCOM

To whom is it addressed?

CORE TEAM

10 Nepalese Mountain Rescue members

10 Mountain Rescue physicians

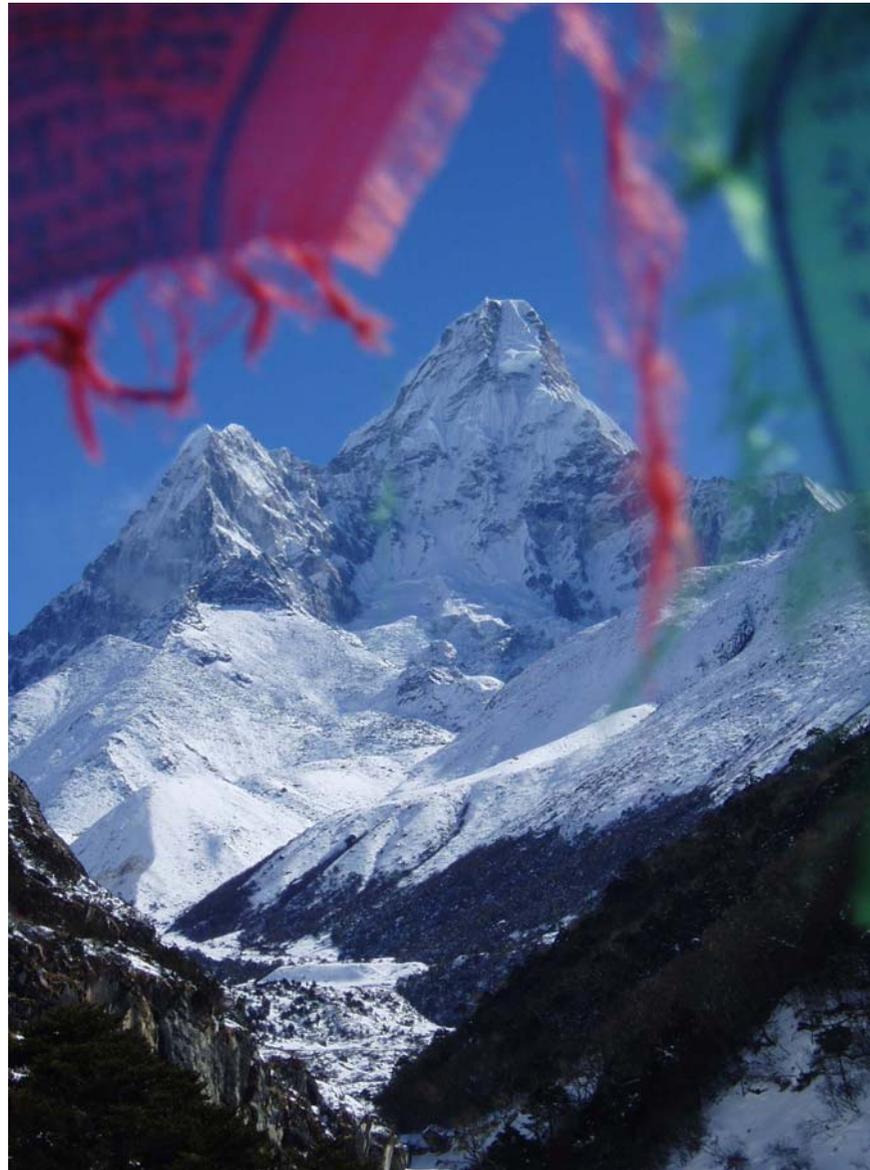
Nepalese first responders



Education and Training Programme STEP 1

In 2012, 10 Nepalese MR members and 10 MR physicians from different Nepalese mountain areas will be invited to attend two complete 2-week courses in technical and medical MR given by the EMS and MRS of South Tyrol

They will be provided with personal rescue equipment for the full length of the programme 2012-2017



Education and Training Programme STEP 2

In 2013, 5 technical and 5 medical instructors from Europe, will travel to Nepal to give a comprehensive 2-week course in MR techniques and medical treatment to local first responders in a Nepalese environment, with the support of the graduates of the MEM course 2012



Education and Training Programme

STEP 3

In 2014, 10 Nepalese MR doctors will be invited to attend the XIV World Congress in Mountain Medicine in Bozen/Bolzano where they will obtain additional training and the final certificates for the technical courses and the International Diploma of Mountain Emergency Medicine, issued by the Congress organisers EURAC, and the ISMM, ICAR and UIAA medical commissions



Education and Training Programme STEP 4

From 2015 to 2017, a team of HRA, EURAC, and ICAR medical commission will help to establish MR stations in representative mountain areas of Nepal and will follow the development of respective MR teams

EURAC
research

Institute of
Mountain Emergency Medicine

