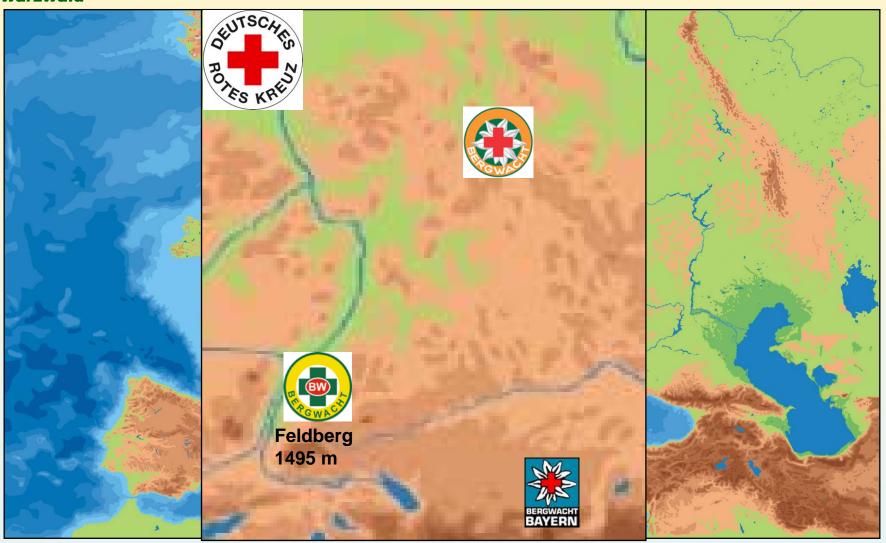


# Education, equipment and operations on avalanche rescue in the highlands (Black Forest)





## Area - Weather

Summit crest areas (1100-1500m)

Lee side, steep slopes (N-NE, 35°- 45°)

Main wind direction SW-W

**High wind speed** 

Average snowpack depth: 1,0-2,5 m







#### **Tourism**

The risky steep terrain is attractive to ski mountaineers

These areas are frequently visited by skiers, boarder, snowshoeers

Low avalanche knowhow

The risk of these areas is often underestimated

Low prevention, Low renunciation

Rare use of beacon, shovel, probe

**Bad connections for cell phones** 







## **Tourism**

Several avalanche accidents per year

Most incidents are less injuried or partly buried

No avalanche bulletin

High interest of media on avalanche accidents







## Bergwacht Schwarzwald e.V.

#### **Black Forest Mountain Rescue Service:**

1200 members, volounteers

3 employees (office, organization)

ca. 10 employees only in winter (Skiwacht)

Ca. 1000 operations per year, ca. 120 of them by helicopter

5 emergency helicopters available, 2 with hoist

0-2 avalanche operations per year







Mountain rescue basic training for each member of the mountain rescue service

#### **Further training:**

For members who work in areas with the possibility of avalanche accidents

## Special training:

for operation leaders and Skiwacht

#### **Training for externals**

For emergency doctors, helicopter teams and ski mountaineers







#### **Mountain rescue basic education:**

duration 2-3 years

Approx. 80 h lessons of emergency medicine including 2 h for special features on avalanche accidents

Approx. 75 h lessons of mountain rescue including 4 h for education in avalanche theory (only basics)

**Final test** 

**Practical probing exercice** 







#### **Further training:**

For members who work in areas with the possibility of avalanche accidents

search with avalanche beacon

probing

systematic shoveling

**RECCO (from 2010/11)** 

Dog handling (until 2009)







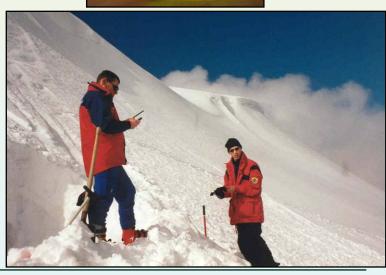
#### **Special training:**

for operation leaders and Skiwacht

education of Skiwacht by Bergwacht Bayern

education of operation leaders







#### **Training for externals:**

for emergency doctors and helicopter teams

#### **Prevention:**

Black Forest mountain rescue service in teamwork with Tourism organizations offers avalanche education for ski mountaineers





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## Equipment

## For the first rescue team: (2- 4 persons):

Beacon, shovel, probe
ABS- airbag system
RECCO (from 2010/11)
Mountain rescue rucksack
(incl. O<sub>2</sub> for 20 min)
Radio

#### **Additional equipment:**

Mountain rescue rucksack for doctors Hibler heatpack Akja sled







## **Equipment**

#### **Probing equipment:**

Moduls (Rocksnake) with
20 probes
2 shovels
little flags
cord for probing
(signed 60x60 cm)





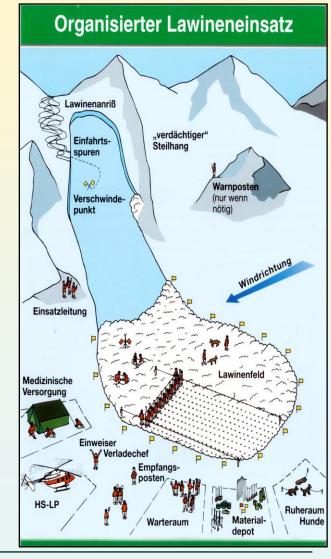


## Avalanche rescue operation

**Quick, but without hectic** 

Targets: rescue of companions 20 min mountain rescue team 90 min

Avalanche rescue operation follows a check list:





## Avalanche rescue operation

#### **Incident call**

**Alarm** First rescue team

**Emergency doctor** 

More mountain rescuers

**Equipment** Beacon, shovel, probe

**ABS, RECCO** 

**Probing modul** 

**Mountain rescue rucksack** 

Radio

**Logistics** Transports

Police

Media

Light, food







## Avalanche rescue operation

#### At the avalanche area

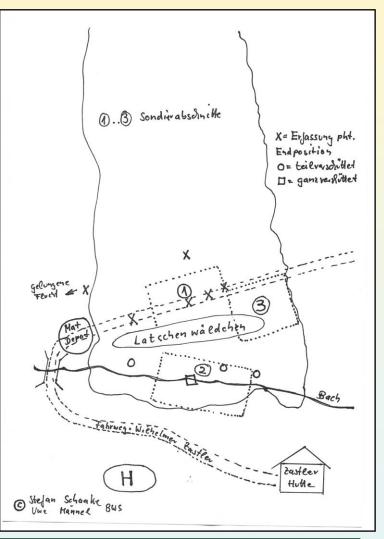
Qualified report from the avalanche site
Protection for additional rescuers
Mark and clear the avalanche surface
Search with eyes, ears, beacon, recco
Mark a helicopter place
Mark a storage of material
Draw a picture from the site

#### **Probing**

Teams with 20 rescuers and probemaster

#### **Evacuation**

quick location – gentle extrication watch for an air pocket treatment to hypothermia





## Thank you for your attention

... any questions?

