

# ICAR Air Rescue Commission Recommendations

(as of 4/3/2023)

Reference (originating body plus consecutive number)	Title	Link to ICAR WebSite	Link to ICAR Publication	Date published (created or last modified)
AIR-REC0001	Prevention for Individuals and Aircraft Operators	<a href="https://www.alpine-rescue.org/articles/62--prevention-for-individuals-and-aircraft-operators">https://www.alpine-rescue.org/articles/62--prevention-for-individuals-and-aircraft-operators</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/164/21dc4773b6582bb53fac268b4afaff3747d65aa1fc3db9873fe2e9a27baf46f5/20161031-AIR-REC0001%20Prevention%20for%20Individuals%20and%20Aircraft%20Operators.pdf?1651603795">https://www.alpine-rescue.org/system/production/article/documents/file/000/164/21dc4773b6582bb53fac268b4afaff3747d65aa1fc3db9873fe2e9a27baf46f5/20161031-AIR-REC0001%20Prevention%20for%20Individuals%20and%20Aircraft%20Operators.pdf?1651603795</a>	20161031
AIR-REC0002	Restricted Use of Instrument Flight	<a href="https://www.alpine-rescue.org/articles/63--restricted-use-of-instrument-flight">https://www.alpine-rescue.org/articles/63--restricted-use-of-instrument-flight</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/165/ec47035c5f36ec7f6bf4d5e54336886e3b0c7c051eb5d3977e812394d0e25d4a/20161031-AIR-REC0002%20Restricted%20Use%20of%20Instrument%20Flight.pdf?1651603797">https://www.alpine-rescue.org/system/production/article/documents/file/000/165/ec47035c5f36ec7f6bf4d5e54336886e3b0c7c051eb5d3977e812394d0e25d4a/20161031-AIR-REC0002%20Restricted%20Use%20of%20Instrument%20Flight.pdf?1651603797</a>	20161031
AIR-REC0004	Use of VHF 123.10	<a href="https://www.alpine-rescue.org/articles/64--use-of-vhf-123-10">https://www.alpine-rescue.org/articles/64--use-of-vhf-123-10</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/166/100c2de0e67b6fece5ba7c7decc0793684c6008b3e4ee7d41775b825ab8c7c27/20161031-AIR-REC0004%20Use%20of%20VHF%20123.10.pdf?1651603801">https://www.alpine-rescue.org/system/production/article/documents/file/000/166/100c2de0e67b6fece5ba7c7decc0793684c6008b3e4ee7d41775b825ab8c7c27/20161031-AIR-REC0004%20Use%20of%20VHF%20123.10.pdf?1651603801</a>	20161031
AIR-REC0005	Helicopter Rescue Equipment	<a href="https://www.alpine-rescue.org/articles/57--helicopter-rescue-equipment">https://www.alpine-rescue.org/articles/57--helicopter-rescue-equipment</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/159/12554d147780f1d6e4607c94de55018b9ee283c870d6dfba5dcf2c990bf2f6d3/20161031-AIR-REC0005%20Helicopter%20Rescue%20Equipment.pdf?1651603789">https://www.alpine-rescue.org/system/production/article/documents/file/000/159/12554d147780f1d6e4607c94de55018b9ee283c870d6dfba5dcf2c990bf2f6d3/20161031-AIR-REC0005%20Helicopter%20Rescue%20Equipment.pdf?1651603789</a>	20161031
AIR-REC0006	Single Pilot Operations	<a href="https://www.alpine-rescue.org/articles/65--single-pilot-operations">https://www.alpine-rescue.org/articles/65--single-pilot-operations</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/167/f1d60d41eb0133aa2e0eaea8a3a73e165ef6378f7341b9fe941cf86e631da2b0/20161031-AIR-REC0006%20Single%20Pilot%20Operations.pdf?1651603801">https://www.alpine-rescue.org/system/production/article/documents/file/000/167/f1d60d41eb0133aa2e0eaea8a3a73e165ef6378f7341b9fe941cf86e631da2b0/20161031-AIR-REC0006%20Single%20Pilot%20Operations.pdf?1651603801</a>	20161031
AIR-REC0007	Restricted Air Space	<a href="https://www.alpine-rescue.org/articles/66--restricted-air-space">https://www.alpine-rescue.org/articles/66--restricted-air-space</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/168/406cf39c3ff8253bd3ca094bef99a27dcd94645bb217dd8c4449be833ba8faa1/20161031-AIR-REC0007%20Restricted%20Air%20Space.pdf?1651603801">https://www.alpine-rescue.org/system/production/article/documents/file/000/168/406cf39c3ff8253bd3ca094bef99a27dcd94645bb217dd8c4449be833ba8faa1/20161031-AIR-REC0007%20Restricted%20Air%20Space.pdf?1651603801</a>	20161031

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AIR-REC0008	<b>Cable Detection</b>	<a href="https://www.alpine-rescue.org/articles/58--cable-detection">https://www.alpine-rescue.org/articles/58--cable-detection</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/160/86d349a84e92fb48613dea52309caf3bc113506dc16ba6c438a5555efc1059e2/20161031-AIR-REC0008%20Cable%20Detection.pdf?1651603789">https://www.alpine-rescue.org/system/production/article/documents/file/000/160/86d349a84e92fb48613dea52309caf3bc113506dc16ba6c438a5555efc1059e2/20161031-AIR-REC0008%20Cable%20Detection.pdf?1651603789</a>	20161031
AIR-REC0009	<b>Number of Pilots and HEMS Crew Members</b>	<a href="https://www.alpine-rescue.org/articles/59--number-of-pilots-and-hems-crew-members">https://www.alpine-rescue.org/articles/59--number-of-pilots-and-hems-crew-members</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/161/db633f37e32c31d2badb08e015fb3ce0a2e89ff234ada688cf687a2785002efe/20161031-AIR-REC0009%20Number%20of%20Pilots%20and%20HEMS%20Crew%20Members.pdf?1651603790">https://www.alpine-rescue.org/system/production/article/documents/file/000/161/db633f37e32c31d2badb08e015fb3ce0a2e89ff234ada688cf687a2785002efe/20161031-AIR-REC0009%20Number%20of%20Pilots%20and%20HEMS%20Crew%20Members.pdf?1651603790</a>	20161031
AIR-REC0010	<b>Human External Cargo HEC Communication</b>	<a href="https://www.alpine-rescue.org/articles/60--human-external-cargo-hec-communication">https://www.alpine-rescue.org/articles/60--human-external-cargo-hec-communication</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/162/5bcd09344764d0d94183ee127b72b4f5fed29455fe529b9390b44bc4ad103416/20161031-AIR-REC0010%20Human%20External%20Cargo%20HEC%20Communication.pdf?1651603792">https://www.alpine-rescue.org/system/production/article/documents/file/000/162/5bcd09344764d0d94183ee127b72b4f5fed29455fe529b9390b44bc4ad103416/20161031-AIR-REC0010%20Human%20External%20Cargo%20HEC%20Communication.pdf?1651603792</a>	20161031
AIR-REC0011	<b>Human External Cargo HEC Safety Check</b>	<a href="https://www.alpine-rescue.org/articles/61--human-external-cargo-hec-safety-check">https://www.alpine-rescue.org/articles/61--human-external-cargo-hec-safety-check</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/163/ae3c3d360307a8eec9081480dbf600bcf171380cc66394aebdc9c66b2656ac88/20161031-AIR-REC0011%20Human%20External%20Cargo%20HEC%20Safety%20Check.pdf?1651603791">https://www.alpine-rescue.org/system/production/article/documents/file/000/163/ae3c3d360307a8eec9081480dbf600bcf171380cc66394aebdc9c66b2656ac88/20161031-AIR-REC0011%20Human%20External%20Cargo%20HEC%20Safety%20Check.pdf?1651603791</a>	20161031
AIR-REC0012	<b>Rescue Operation Briefing</b>	<a href="https://www.alpine-rescue.org/articles/80--rescue-operation-briefing">https://www.alpine-rescue.org/articles/80--rescue-operation-briefing</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/000/188/4299a16de2b98e135e553950508e530dd950e31c2f828658065c2fc2b6ff1388/20161031-AIR-REC0012%20Rescue%20Operation%20Briefing.pdf?1651603836">https://www.alpine-rescue.org/system/production/article/documents/file/000/188/4299a16de2b98e135e553950508e530dd950e31c2f828658065c2fc2b6ff1388/20161031-AIR-REC0012%20Rescue%20Operation%20Briefing.pdf?1651603836</a>	20161031
AIR-REC0014	<b>HEC-HHO Equipment</b>	<a href="https://www.alpine-rescue.org/articles/369--hec-hho-equipment">https://www.alpine-rescue.org/articles/369--hec-hho-equipment</a>	<a href="https://www.alpine-rescue.org/system/production/article/documents/file/001/597/f9e9cffe539bf9b2e4378ac8c274442b099430bc3fdeb58254729061d6fbfec/20161031-AIR-REC0014%20HEC-HHO%20Equipment.pdf?1651606232">https://www.alpine-rescue.org/system/production/article/documents/file/001/597/f9e9cffe539bf9b2e4378ac8c274442b099430bc3fdeb58254729061d6fbfec/20161031-AIR-REC0014%20HEC-HHO%20Equipment.pdf?1651606232</a>	20161031