Prevention for Individuals and Aircraft Operators

20261012-AIR-REC0001 Air Rescue Commission RECOMMENDATION

We recommend that everyone in the outdoors:

1. Wear bright colored clothes, carry a first aid kit, torch/light, a whistle and sufficient clothing and food to remain outside for a long period of time (including a shelter).

2. Use the “Y“ sign in case of distress and be aware of the 6 blasts for the international distress signal.

3. Use the “N“ sign if you need no assistance.

4. Secure any possible loose objects.

5. Do not move until directed by rescuers.

6. If someone is going for help, stay where you are and ensure your location is known.

7. If you are above a rescue operation, do not move as this may dislodge debris and crouch low and cover personal equipment.

8. If you have a rescue beacon, ensure it is correctly registered and you are aware of how to send a signal for assistance.

9. Smart phones should have location data switched on and ensure that emergency contacts are aware of your plans.

10. All non-participating aircraft must stay away from the rescue operation site.

11. Drones should make their presence known to any SAR Aircraft and register their activities.

12. All Drone pilots and users of air space should land and stop operating during a rescue.

History of Revisions	
Issued	1990
Revised	2009
Revised	2016
Revised	2025